



YMCA CHILD CARE WEEK 16 LESSON PLAN

THEME: Pressure to Obey

MONDAY

Whole Group (up to 45 mins)

- Attendance/transition activity
- Go over Norms
- Watch Video: Pressure to Obey
- Part 2 Discussion on Pressure to Obey

Reading & Writing

- Activity Option 1

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters

- Watch the parent and student video

TUESDAY

Whole Group (45 mins)

- Attendance/transition activity
- Activity: Discussion
 - Activity Option 5
 - Sharing Circle

Reading & Writing

- Activity Option 2

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- Share with your child: Do you listen to authority figures even when it conflicts with your own beliefs?

WEDNESDAY

Whole Group (30 mins)

- Attendance/transition activity
- Discussion: Key Concept 1

Reading & Writing

- Activity Option 3

Physical Play/Outdoor Play

- Activity Option 7

Arts & Crafts (30 mins)

- Activity Option 9

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- Share with your child: What do you do to ensure that you are a critical thinker when it comes to obeying authority?

THURSDAY

Whole Group

- Attendance/transition activity
- Discussion
 - Key Concept 2

Reading & Writing

- Activity Option 6

Physical Play/Outdoor Play

- Activity Option 8

Arts & Crafts (30 mins)

- Activity Option 4

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- Discussion with your child: How can you identify when you should question authority and resist authority?

FRIDAY

Whole Group

- Attendance/transition activity
- Discussion
 - Key Concept 3

Physical Play/Outdoor Play

- Share Skits from activity 8

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- Share the skit you did with your group.