



Who Am I? Identity Development

Today we are going to talk about the concept of *Identity*. We're going to look at some of the aspects of a person that make them who they are.

But before we look at ourselves, we're going to take a step back and examine the things that go into making up the identities of some of our favorite fictional characters.

Please name and describe characters from favorite movies, TV shows, comics, and book series.
For example:

- How would you describe Korra from *The Legend of Korra*?
- How would you describe Captain Holt from *Brooklyn Nine*?
- How would you describe Alec Lightwood from *Shadowhunters*?
- How would you describe Theo from *The Chilling Adventures of Sabrina*?
- How would you describe Kate Kane from *Batwoman*?
- How would you describe Catra from *She-Ra and the Princesses of Power*?
- How would you characterize Ruby and Sapphire gems from *Steven Universe*?

Here are some examples of how we might describe a fictional character:

- **Korra** (from *The Legend of Korra*) is an Avatar, a powerful hero, a protector of the world. She is a powerful girl. She is bisexual. She is a loyal friend and a fierce leader.
- **Theo** (from *The Chilling Adventures of Sabrina*) is a high school student; he's short, he is a loyal friend, he plays basketball. He is trans. He is also reliable, dependable, loyal, brave, courageous, and empathetic.

Each of the characters listed above falls within the LGBTQIA spectrum and each is a powerful and an amazing character in their specific universe. A person's identity includes all parts of themselves:

- How they identify culturally
- How they identify in terms of their gender pronouns (for example: male, female, trans, non-binary, and others)
- Their sexual orientation (for example: gay, lesbian, bisexual, pansexual, asexual, and others)
- The fandom they belong to
- What kinds of music they like
- Their characteristics (for example: being kind, empathic, caring, loving animals, etc.)
- Hobbies and talents (art, writing, music, etc.)
- What they stand for (for example: equality, justice, etc.)
- Their origin story

Each of these and more are a part of our identity. In order to better understand our identity, we can take a look at different aspects of fictional character, such as Catra from *She-Ra*.

CATRA CHARACTER IDENTITY CHART

Character Name: Catra (From <i>She-Ra and the Princesses of Power</i>)	Character Biography
<p>Short summary: Catra was raised to be a soldier for the Horde to fight “evil Princesses,” which turned out to be a lie.</p> <p>Background: Catra was raised by the Horde army.</p> <ul style="list-style-type: none"> • Was always abused by Shadow Weaver (dark sorceress) • Was compared to others and put down • Adora was her best and only friend • Adora was chosen over Catra for promotion <p>Nicknames:</p> <ul style="list-style-type: none"> • Wildcat • Kitten • Little Sister <p>Rank:</p> <ul style="list-style-type: none"> • Force Captain in the Horde Army 	<p>Physical Traits/Appearance: Tan skinned, slender, appears to be part-human, part-feline, she walks upright, she has a cat face and a cat tail.</p> <p>Age: unknown, presumably, young adult</p> <p>Gender identity: Female</p> <p>Sexual orientation: Lesbian</p> <p>Race/ethnicity/culture: Unknown</p> <p>Allies: Adora, Hordak, Lonnie, Melog, Scorpia, Glimmer, Bow, etc.</p> <p>Personality: Proud, distrusting, wonders if people like her, quick to anger, wants to be loved and accepted</p> <p>Likes: Adora, purring, sweets, winning, blowing things up</p> <p>Dislikes: Disloyalty, losing, mistakes, water, Shadow Weaver, Glimmer (initially)</p> <p>Powers/skills: Highly intelligent, acrobatic, good fighter</p>

Now, let's take some time to think about your own superhero identity. Think about who you are and what you do. For example, "I am a 15-year-old violin player who likes video games." Or "I am a friendly, outgoing second-generation Latino-American."

Think about your background, such as where you have lived, who you lived with/ who raised you, and your siblings. Think about who your friends or sidekicks are (sidekicks can include your friends, family members, or even pets). Think about what you like and dislike.

See if you can fill out the sheet below about your own superhero identity. Feel free to write or draw your answers.

MY CHARACTER CHART

My Name:	My Biography
<p>Background: (1 – 2 paragraph) Describe a bit about your background. You may describe where you were born, where you have lived, who you've lived with/who has raised you, siblings, important/meaningful life events, etc.</p> <p>Summarize yourself in 1-2 complete sentences:</p> <p>Trivia: What are some fun or interesting facts about you?</p>	<p>Alias/nicknames:</p> <p>Origin/home:</p> <p>Physical Traits/Appearance:</p> <p>Age:</p> <p>Gender identity:</p> <p>Sexual orientation:</p> <p>Race/ethnicity/ culture:</p> <p>Allies (friends/sidekicks):</p> <p>Personality:</p> <p>Likes:</p> <p>Dislikes:</p> <p>Powers/skills/talents:</p>

Every part of you is special, important, and interesting. Each part of you is magical and you never ever have to adjust who you are for anyone else. Who you are is a superpower. Who you are is what makes you lovable and special. Every single part of you. 😊